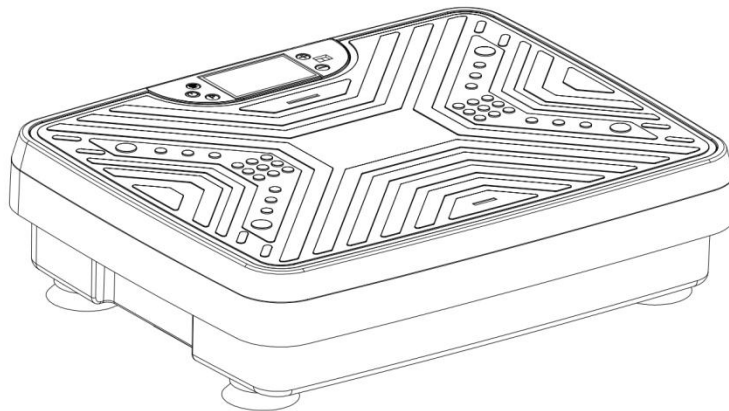


WHOLE BODY VIBRATION PLATE

USER MANUAL

Model: JM007



Please read this manual before using the WBV. In case of any discrepancy between the manual and the actual product, the specific product specifications shall prevail. Adhering to the principle of sustainable development, the product may be updated when necessary without prior notice or explanation.

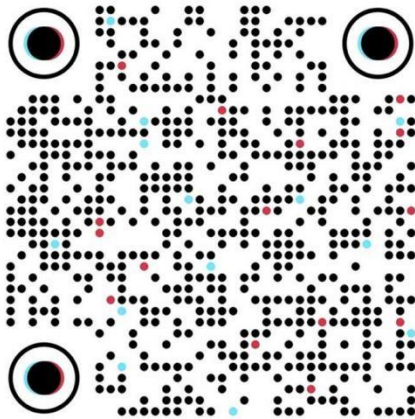


For your safety, please unplug the power supply when the machine is not in use

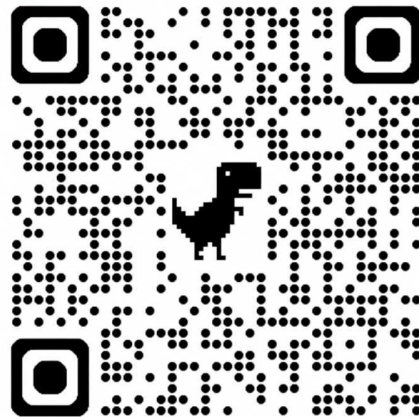
Contents

Product Introduction	1
Product Function Description	2
Safety Precautions	6
Usage Instructions	7
Product Maintenance	8
Warranty Card.....	9

TikTok

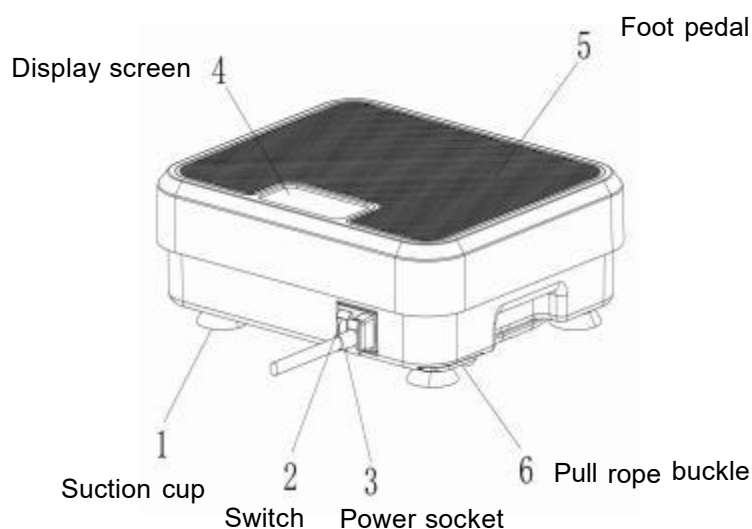


YouTube



Please scan the QR code to watch the vibration plate instructions

Product Introduction



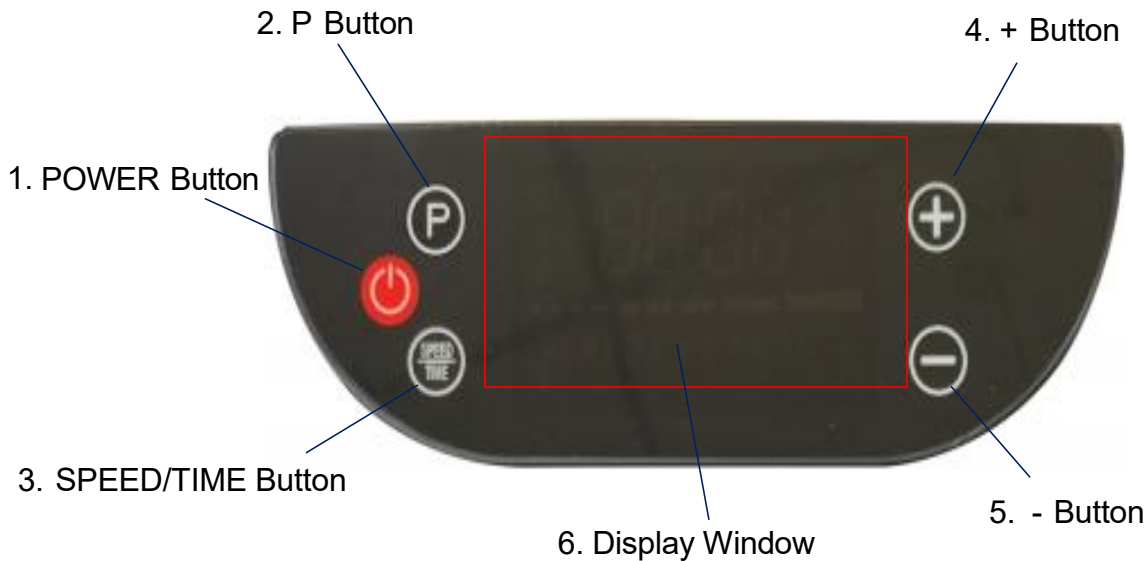
System Configuration Directory

1	Suction cup	4	Display screen
2	Switch	5	Foot pedal
3	Power socket	6	Pull rope buckle

Main technical parameters

Power rating	150W
Rated operating time	20 minutes
Vibration Amplitude	8mm
Noise level	40dB
Rated voltage	110V 60Hz
Packing list	Whole machine*1, Power cord*1, User manual*1, Remote control*1, Pull rope*2, Battery*2

Product Function Description



1. POWER Button

When powered on, the display shows “10:00”, indicating standby mode.

- Press the POWER button when in standby mode: the display turns off, entering shutdown mode.
- Press the POWER button when in shutdown mode: the machine returns to standby mode.

2. SPEED/TIME Button

- Press SPEED/TIME Button in standby mode: the motor starts.
- Press SPEED/TIME Button while the motor is running: the motor stops, and the machine returns to standby mode.

3. P Button (Quick Operation Button)

- In standby mode, press the P Button to cycle through the auto programs: P1 → P2 → P3 → P4 → P5→P6→P7→P8→P9→P10.

4. + Button

- In standby mode: Press + to increase the time by 1 minute. Default time is 10 minutes, with a maximum of 20 minutes.
- While the motor is running: Press + to increase the speed level by 1, with a maximum of 999. **(Please note: The time can only be adjusted in standby mode. After adjusting the time, press the SPEED/TIME Button to begin operation.)**

5. - Button

- In standby mode: Press - to decrease the time by 1 minute. Default time is 10 minutes, with a minimum of 1 minute.
- While the motor is running: Press - to decrease the speed level by 1, with a minimum of 1. **(Please note: The time can only be adjusted in standby mode. After adjusting the time, press the SPEED/TIME button to begin operation.)**

6. Display Window

- Shows the current motor speed level and remaining time, alternating between the two every 5 seconds.
- Shows the current operating mode.

Remote Control Instructions

		Power Button
		Start Button
		Left button: Time - Button
		Right button: Time + Button
		Speed + Button
		Speed - Button
		P Mode Button / Speed Quick button
		Stop Button
		Quickly switch between 333,666, and 999 speed gears
		Quickly switch to 333th gear
		Quickly switch to 666th gear
		Quickly switch to 999th gear



Power Switch Instructions

Plug in the power cord and switch on the power (the switch will light up red). Then the LED shows “10:00” to enter the standby mode.

P mode																				
Minutes /level	10.0-9.5	9.5-9.0	9.0-8.5	8.5-8.0	8.0-7.5	7.5-7.0	7.0-6.5	6.5-6.0	6.0-5.5	5.5-5.0	5.0-4.5	4.5-4.0	4.0-3.5	3.5-3.0	3.0-2.5	2.5-2.0	2.0-1.5	1.5-1.0	1.0-0.5	0.5-0.0
P1	58	108	216	333	441	549	441	333	216	108	58	108	216	333	441	549	441	333	216	108
P2	108	666	108	666	108	666	216	666	216	666	216	666	333	666	333	666	333	666	333	666
P3	216	441	666	882	666	441	216	441	666	882	666	441	216	441	666	882	666	441	216	333
P4	83	191	300	416	524	583	749	857	966	749	524	300	416	524	583	749	583	524	300	25
P5	108	216	333	608	441	716	524	833	691	999	857	966	749	466	275	167	500	666	882	999
P6	333	500	666	833	999	833	666	500	333	500	666	833	999	833	666	500	333	500	666	833
P7	83	167	250	333	416	500	583	666	749	833	916	999	833	666	500	333	250	167	83	42
P8	83	999	83	999	83	999	333	333	83	999	83	999	83	999	333	333	666	666	999	999
P9	666	749	833	916	999	999	999	999	500	333	167	83	167	333	500	999	999	999	999	666
P10	42	416	83	583	167	749	250	916	333	999	916	749	583	416	250	83	500	833	999	333

Common Faults and Resolution Methods

Fault occurred	Probable cause	Processing method
The machine does not operate after being powered on.	Is the machine switch off?	Turn on or off the switch
	Is there poor contact between the power switch and the socket?	Check the power socket and ensure the plug is properly connected
No response when operating with the remote control.	The remote control batteries are not installed correctly or are dead	Install the battery correctly or replace it with a new one
	The remote control is too far from the main machine	Reduce the remote control's range and align it with the main machine.
The machine emits a "whoosh" or "beep-beep" sound.	This sound is caused by the mechanical structure of the product.	This is normal sound
The indicator light remains on after the power is turned off	Residual power in the controller has not been fully discharged	No action required
The light flashes briefly when you step on the unit with the power off	The movement triggers the motor and generates induced electricity	This is a normal phenomenon, no action required
The power cord is damaged, or the unit emits an unusual smell or smoke	Stop using the unit immediately and contact after-sales customer service.	

Safety Precautions

1. The power socket used must have proper grounding and should not be shared with other electrical equipment.
2. If you need to replace the power cord, choose one with grounding functionality.
3. After use, please turn off the power supply and unplug the device.
4. When unplugging the power cord, do not pull the cable by hand. Instead, gently pull the plug out by grasping its tail end.
5. Before use, check whether the device is placed stably.
6. Users can adjust the speed according to their needs.
7. For indoor use only; avoid moisture exposure. Do not splash water on the machine or place any foreign objects inside.
8. This device is contraindicated for children, pregnant women, elderly individuals, or those with physical disabilities.
9. During use, children are prohibited from playing near or touching the device.
10. If any physical discomfort is observed, discontinue use and consult healthcare professionals.
11. Patients with underlying medical conditions should consult healthcare professionals prior to use.
12. During use, if any abnormal conditions are detected in the machine, discontinue operation immediately and contact the local distributor for troubleshooting. The distributor shall dispatch professional maintenance

personnel for inspection. Unauthorized disassembly is strictly prohibited to avoid unforeseen hazards.

13. Lipid measurement or heart rate monitoring does not constitute medical testing. The results may not be accurate, and the measured data is for reference only.

Usage Instructions

1. Do not use this product in conjunction with other medical devices.
2. Do not use this product after meals or under the influence of alcohol.
3. Do not allow children or pets to approach during use, and strictly prohibit inserting fingers or other foreign objects into the product gaps.
4. This product is for single-user only. Do not use it simultaneously with two or more users.
5. Before use, check whether the power supply voltage meets the product requirements.
6. In case of power outage or prolonged disuse, please turn off the power switch and unplug the power cord.
7. If water splashes onto this product or the remote control, discontinue use immediately.

8. Immediately stop using the product if any accessories are damaged or abnormal noises occur.
9. Discontinue use immediately if you experience any physical discomfort such as dizziness, numbness, or pain during use.
10. Do not use during sudden power outages or thunderstorms.
11. Maintain body balance during use to prevent falls.

Product Maintenance

1. Please store the unit in a dry, dust-free place.
2. Do not store the unit near high-temperature heat sources such as heaters or open flames. Do not expose the unit to direct sunlight for extended periods.
3. Do not clean the unit with solvents such as thinner, volatile oil, or bleach.
4. The foot platform and outer casing can be cleaned with a damp cloth. Do not splash liquid into the product during cleaning, to prevent short circuits or other malfunctions.
5. Clean the remote control with a dry cloth to avoid damage or malfunction.

WARRANTY CARD

*User name:	*Contact number:
*User Address:	
*Date of purchase:	*Order number:
Service Content: ☐ Return the goods ☐ Exchange ☐ Repair	

Instructions for returns and exchanges:

Please fill in the card information, contact the seller through Amazon, explain the reason for the return, and return the product.

PLEASE DO NOT RETURN THIS PRODUCT WITHOUT ASKING OUR CUSTOMER SERVICE FIRST.

Unsupported Maintenance Issues

1. Defective parts not covered under warranty: Should the whole body vibration plate's motor or any other integral component fail due to a manufacturing defect, the warranty does not extend to cover the cost of replacement or repair if the defect is not reported within the specified warranty period.
2. Damage due to improper assembly: If the whole body vibration plate is damaged during the assembly process due to the customer's negligence or failure to follow the provided instructions, the seller is not responsible for the repair costs or any subsequent damages.

3.Normal wear and tear: The seller is not liable for the natural degradation of the whole body vibration plate's parts over time, such as abrasion of the foot pedal, which are expected to occur with regular use.

4.Damage from misuse or abuse: Any harm inflicted upon the whole body vibration plate due to intentional misuse, such as overloading the machine or using it for purposes other than its intended use, is not covered by the seller's warranty.

5.Loss or theft of the whole body vibration plate: The seller does not provide coverage for the loss of the whole body vibration plate due to theft or if the customer loses the product, as this is beyond the scope of the product's warranty.

6.Water damage: Should the whole body vibration plate be exposed to water or other liquids, whether accidentally spilled or due to environmental conditions, the seller is not responsible for any resulting damage.

7.Damage from power surges or electrical issues: The warranty does not cover any damage to the whole body vibration plate that occurs due to electrical fluctuations or power surges, which are external factors beyond the seller's control.

8.Modification or alteration to the product: Any alterations made to the whole body vibration plate by the customer, such as changing the settings or adding non-standard components, will void the warranty and the seller will not be responsible for any damages.

9.Damage from unauthorized repairs: If the whole body vibration plate is serviced or repaired by someone other than an authorized technician, the seller is not liable for any subsequent damages or malfunctions.

10.Accidental damage: Should the whole body vibration plate be accidentally dropped, knocked over, or otherwise damaged due to an unforeseen event, the seller's warranty does not cover the cost of repairs.

11.Damage from environmental factors: The warranty does not extend to cover damage caused by environmental conditions such as humidity,

extreme temperatures, or exposure to the elements, which can affect the whole body vibration plate's performance and longevity.

12.Shipping costs for returns not covered by warranty: The customer is responsible for all shipping costs associated with returning the whole body vibration plate for service if the issue is not covered under the warranty.

13.Labor costs for installation or removal: The warranty does not include compensation for labor costs incurred during the installation or removal of the whole body vibration plate, which should be arranged and paid for by the customer.

14.Replacement of consumable parts: The warranty does not cover the replacement of parts that are expected to be replaced regularly due to normal usage, such as batteries.

15.Damage from using non-standard voltage: If the whole body vibration plate is damaged due to being used with a voltage that differs from the manufacturer's specifications, the seller is not responsible for the repair costs.

16.Damage from exposure to chemicals or cleaning agents: The warranty does not cover any damage caused by the use of inappropriate cleaning products or chemicals that may corrode or damage the whole body vibration plate's components.

17.Damage from insects or pests: Any harm inflicted upon the whole body vibration plate by insects, rodents, or other pests is not covered by the seller's warranty.

18.Damage from animals: Should the whole body vibration plate be damaged by pets or other animals, the seller is not liable for the repair costs or any resulting issues.

19.Loss of use during warranty service: The seller does not compensate for any inconvenience or loss of use of the whole body vibration plate while it is being serviced under warranty.

20.Damage due to lack of maintenance: The warranty does not cover any damage that occurs due to the customer's failure to perform regular maintenance as outlined in the user manual.

21.Damage from software or firmware issues: Should the whole body vibration plate's software or firmware cause a malfunction, the seller is not responsible for the repair costs unless the issue is a result of a defect in the original programming.

22.Damage from using non-genuine parts or accessories: The warranty does not extend to any damage caused by the use of non-genuine or third-party parts and accessories that are not approved by the manufacturer.

23.Damage from exposure to sunlight or UV radiation: The warranty does not cover any degradation or damage to the whole body vibration plate's exterior or components due to prolonged exposure to sunlight or UV radiation.

24.Damage from salt corrosion: The warranty does not cover damage caused by salt corrosion, which can occur in coastal areas or where de-icing salts are used.

25.Damage from earthquakes or natural disasters: The seller is not responsible for any damage caused by natural disasters such as earthquakes, hurricanes, or floods.

26.Damage from transportation after purchase: Any damage that occurs during the transportation of the whole body vibration plate after it has been delivered to the customer is not covered by the seller's warranty.

27.Damage from improper storage: Should the whole body vibration plate be damaged due to improper storage, such as being stored in an unventilated area or an environment with extreme temperature fluctuations, the seller is not liable for the repair costs.

28.Damage from exposure to dust or debris: The warranty does not cover any damage that occurs due to the accumulation of dust or debris inside the whole body vibration plate, which can be prevented with regular cleaning.

29.Damage from exposure to smoke or fumes: The warranty does not extend to any damage caused by smoke, fumes, or other airborne contaminants that may affect the whole body vibration plate's functionality.

30.Damage from any cause not specified in the warranty agreement: Any damage that is not explicitly covered in the warranty agreement is the responsibility of the customer, and the seller is not liable for repair costs or damages.